

Notification from: **Gilford High School**

Gilford High School



Hello Learners and Parents,

Tomorrow is the final day for our learners. I hope everyone has a safe and fantastic school year!

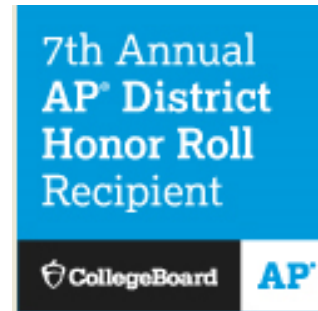
Monday, June 20 block 5 exam 7:40-9:10

make-up exam 9:25-10:55

lunch 10:55

dismissal 11:15

Anthony Sperazzo
Principal



Summer Enrichment Programming

For the second summer in a row, GHS will offer Summer Enrichment Opportunities for free! We have created a Google form that you can use to sign up for session(s) if you are interested. The staff member that is running the session will contact you prior to the session beginning with an overview. Please contact us with any questions.

[Summer Enrichment Sign Ups](#)



All unpaid balances are DUE

Please email jdupuis@sau73.org with any questions.





2022
Class of
2022

Happy Almost Summer!!!!

If your child will be participating in sports at the High School level, please get their physical scheduled ASAP with their PCP so they are current for pre-season tryouts in August. If the PCP cannot accommodate you, your child can always go to one of the walk-in clinics at either ClearChoiceMD or ConvenientMD. If your child had a physical in March of 2022, it is good until March of 2023. If they had a physical in Aug of 2021, they will need one in August in 2022 in order to be compliant with the NHIAA requirements.

FAMILY ID NOW OPEN FOR FALL

Once obtained, please:

1) upload to FamilyID (preferred method)

or

2) scan in an email

or

3) drop off at school

This is to ensure your child's privacy. **They should NOT be delivered to the coach**

Even if they are **not** doing sports, this is a great time for a physical if they haven't had one in order to get caught up on immunizations. Some to consider at the HS age are [Meningitis](#), [HPV](#), [Hep A](#) and any others recommended by their provider. If needed, most of the time over the summer, I will be able to send their immunizations, if I have them on file. There might be a slight delay for newly enrolled students.

Also a reminder that **ALL** athletes need the **ImPACT test every other year**. You can check your account on [FamilyID](#) to see if your child is current. You should be using the **same login info every time you register your child** so there are not duplicate accounts made. Information regarding your child does not transfer to a new email address. This may lead to a delay in their approval to participate. Tech support at FamilyID can help you with that.

Please feel free to reach out by email if you have any questions or concerns

I hope you all o have a safe and healthy summer

~ Meg

Meg Jenkins MS BSN RN-NCSN

Gilford High School Nurse

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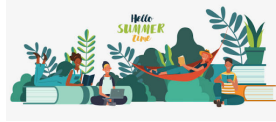


Marena Beale was recognized for her work in promoting mental health and wellness and suicide prevention here in New Hampshire last Thursday evening. She is the 2022 recipient of the NAMI NH Peer Support Award.

The NAMI NH Peer Support Award recognizes individuals who willingly share their experiences with mental illness in support of others traveling a similar path, providing much-needed information, empathy, and hope for recovery. Marena has worked tirelessly to educate and empower peers to take an active role in keeping themselves and others safe. Her dedication to normalizing conversations about mental health is exemplary and her desire to truly make a difference is unwavering. Marena is a Connect Trainer and Peer Counselor here at GHS and works hard to expand and maintain those programs.

Gilford High School
Summer Reading

“*Summer Stories*”



INTRODUCTION

This summer, we want you to explore the stories of others and to learn some new perspectives about the world around you and the people in it. Stories are shared in many different genres: fiction, nonfiction, memoir, biography, poetry, graphic novel, etc. Stories also can be experienced through different mediums: books, podcasts, newspapers, magazines, audio books, and TEDTalks. We want to celebrate all the different ways that individuals share their stories; therefore, we would like YOU to choose a topic to learn about and how you want to experience it. We also want you to choose how you will share it. Please select something that you are interested in and will enjoy!

READ MORE ABOUT OUR SUMMER READING

[HERE](#)

Interested in participating in a fall co-curricular activity?

Eligibility for fall sports and other co-curricular activities will be contingent upon the third trimester grades from the prior spring. Students must pass three (3) units of work during the previous trimester in order to represent the school in any inter-scholastic contest.

Make sure you finish strong or it may affect you in the fall.



NO LATE BUS DURING FINALS

End of Year Report for the Huot Center

[CLICK HERE](#)

happy
SUMMER!

[GHS Calendar](#)

[Athletics](#)

Lori Jewett

Counseling Director
ljewett@sau73.org
524-7146 x218
2022: A - Green
2023: A - Cram
2024: A - Caldon
2025: A - Clarke

Desiree Smith

School Counselor
dsmith@sau73.org
524-7146 x219
2022: Hazelton - Messer
2023: Davignon - Laurendeau
2024: Cameron - Logan
2025: Clarke - Messer

Jaedyn Bassett

School Counselor
jbassett1@sau73.org
524-7146 x222
2022: McLean- Z
2023: Malek - Z
2024: Macaione - Z
2025: Miller - Z

Kelley Caravona

Crisis Counselor
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